

BEFORE YOU GIVE A NALOXONE KIT

Go over this checklist with every person who gets a naloxone kit. If it is someone's first time getting a kit, make sure you review each item in the list below. For naloxone refills, you may only need to review parts of this information.

OPIOID OVERDOSE PREVENTION

- overdose risk factors and prevention
- overdose myths

SIGNS OF OVERDOSE

- recognizing an opioid overdose
- the difference between nodding and overdose

STEP 1: SHOUT & SHAKE

- providing stimulation to an unresponsive person by shouting their name or shaking their shoulders

STEP 2: CALL 911

- the importance of calling 911 if the person is unresponsive
- Good Samaritan Drug Overdose Act
- communicating with the 911 operator and first responders

STEP 3: GIVE NALOXONE

- administering naloxone (1 spray into nostril, or inject 1 vial or ampoule into arm or leg)

STEP 4: RESCUE BREATHING AND/OR CHEST COMPRESSIONS

- perform rescue breathing and/or chest compressions as trained

STEP 5: REASSESS

- if there is no improvement after 2-3 minutes, administer another naloxone dose(s) and continue rescue breathing and/or chest compressions
- staying with a person until EMS arrives or for 2 hours if 911 not called

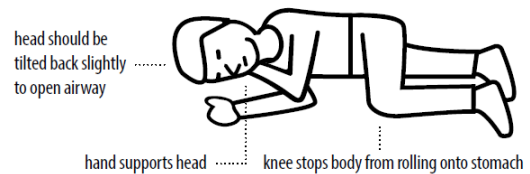
AFTERCARE

- how long the effects of naloxone last
- why a person shouldn't use more drugs right after an overdose
- watching for the return of overdose symptoms
- putting the person into the recovery position

NALOXONE CARE AND REFILLS

- storing naloxone (temperature)
- keeping naloxone handy and monitoring the expiry date
- getting refills

RECOVERY POSITION



Source: Ministry of Health and Long Term Care

NASAL NALOXONE

TILT **HOLD** **PLACE** **PRESS**



Source: ADAPT Pharma Canada

INJECTABLE NALOXONE

TAP **SNAP** **PULL** **INJECT**



Source: BC Centre for Disease Control