

Research Report Round-up



October 2, 2013

A research report summary

Title and Link to Report

[Open hearts, open minds: Services that are inclusive of First Nations, Métis and Inuit families](#)

Author(s)

Best Start Resource Centre

Year

2013

Location

Toronto

What this report is about

The importance of inclusion in services for families has gained increasing attention over the past 40 years. This report tries to answer the questions: What does "inclusion" mean and how can those who work with First Nations, Métis, and Inuit families apply it to their daily work? How can practices, programs, and policies be more inclusive of all people being served?

The goal of this report is to provide information to support the development of inclusive services for First Nations, Métis, and Inuit families. It offers key concepts and approaches for being inclusive. In an overview of Canada's history, the authors give a brief background as to why Aboriginal peoples have been excluded and marginalized from services.

The report also includes inclusive strategies, policies, hiring practices, attitudes, spaces and relationships. It looks at the importance of cultural context and cultural safety, how to determine needs, and on how to engage and retain Aboriginal families in services.

The approaches suggested in this report are drawn from different disciplines, the experiences of key informants, and the wisdom and experience of practitioners.

How can this report be used

The strategies and approaches suggested in this report can be of use to those who serve First Nations, Métis, and Inuit families, to ensure that the services they provide are inclusive and culturally sensitive.

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Key words

Aboriginal, First Nations, Metis, Inuit, families, services

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Evidence Exchange Network
for Mental Health and Addictions

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