Virtual mental health access for refugees Newcomer advisory committee



Delal Hagos: Delal is an Eritrean newcomer currently residing on Tkaronto (Toronto). Delal is a Global Health student at York University passionate about the social determinants of health, health policy, mental health and social justice.



Latif Behroz: Latif is a protected refugee from Afghanistan. Latif is a peace activist, a leader, an artist and someone who is dealing with mental illness of PTSD himself. Latif loves to be able to help others especially those who are in a similar situation from war-torn countries and don't have access to any services.



Anjlik Jaghlassian: Anjlik is International Medical Graduate specializing in Medical Laboratory Medicine (Hematology), Diabetes Educator.



Hanen Nanaa: Hanen is a student at Ryerson University, Majoring in Politics and Governance and minoring in Law. Hanen is the founder of BAM - Books Art Music collective, the executive vice-president of the politics and governance association at Ryerson, and the outreach coordinator for the Syrian Canadian Foundation. Hanen is the youngest recipient of the MCIS Interpreter Training Scholarship and is an ambassador for the IRCNF- OCASI Campaign (Immigrant and Refugee Communities - Neighbours, Friends and Families. In 2019 she was chosen to be one of Daughters of the vote representing the federal riding of Scarborough Guild-wood in Ottawa. Hanen is also a Co-founder of Starter Kit Project, created to find solutions for newcomers wanting to attend post-secondary education.



Aleya Hassan: Aleya is a Syrian-Canadian immigrant with great passion for Psychology and community service. She is serving in a few community organizations in different capacities. She is working towards her master degree in Counselling Psychology at Yorkville University. She enjoys reading and walking in nature.



Adanech Sahilie: Adanech is the Founder & Director of Immigrant Outreach Society; (previously known as-Ethiopians & Eritreans COVID-19 Support Group in Alberta. Adanech is a community organizer, advocate and volunteer coordinator, dedicated to providing community empowerment, activation and resilience who has more than ten years of experience in supporting multicultural clients with their settlement and integration issues, crisis management and problem solving issues and helping navigate and connect them with resources.



Sara Omar: Sara Omar is an Eritrean newcomer that called Kitchener her new home. She is an MSc Global Health Student at McMaster University, and Co-founder of Project UP, an initiative in KW for young Black Muslim Women. She is passionate about Refugee Health and Infectious diseases.