Virtual mental health access for refugees

Service provider advisory committee

Ellen Tang (MSW, RSW): Ellen is a social worker at the Crossroads Refugee Health Clinic at Women’s College Hospital. She has an interest in culturally responsive mental health services, and the social determinants of newcomer health. She is a member of the Health and Mental Health Working Group of the Toronto South Local Immigration Partnership.

Dan Vandebelt: Dan has worked as the Community Engagement Coordinator and research lead with the Waterloo Region Immigration Partnership since 2016. Dan has previously worked in the public health sector coordinating neighbourhood nutrition and child health programming and undertaking research projects in a variety of topics.

Jillian Premachuk: Jillian is a practicing registered social worker in Ottawa, Ontario. Jillian has been working in the Ottawa area with newcomer and refugee families and individuals of all ages over the last 7 years of her career. Her understanding of mental health challenges and barriers are sourced from her ongoing experience working with vulnerable communities throughout the city.

Melanie M. Gagnon, PhD: Melanie is a clinical psychologist with a post-doctoral degree in transcultural psychiatry. She is responsible for coordinating the Center of Expertise for the Wellbeing and Physical Health of Refugees and Asylum Seekers at the Centre intégré universitaire de santé et de services sociaux du Centre-Ouest-de-l’Île-de-Montréal (Quebec). She is also a researcher-practitioner at the SHERPA University Institute for Ethnocultural Communities. Her clinical experience and research focuses primarily on children and families, mental health, trauma, culturally and trauma sensitive approach.
Bozana Sljuka: Bozana Sljuka is Settlement Manager with Calgary Catholic Immigration Society. Bozana arrived to Canada in 1997 as government assisted refugee and have been working in the settlement sector for over 20 years. In the past twenty years Bozana has worked closely with various community and government partners in improving access to services for refugees and immigrants. Bozana is specially passionate about refugee and immigrant mental health, and newcomer health in general. Bozana was one of cofounders of Lethbridge Newcomer Health Advisory Group and have been proud member of CAMH-Immigrant and Refugee Mental Health Project Advisory Committee.

Patreka Roach: Patreka Roach is a Health System Strategy & Implementation Planner for the Erie St. Clair region and broader Ontario Health West. Patreka has a Master of Public Health and uses her health system and quality improvement expertise to support Mental Health and Addictions planning throughout western Ontario. Patreka is a staunch advocate for raising awareness on health equity to reduce barriers to care among newcomers and vulnerable populations.

Mei-ling Wiedmeyer: Dr. Mei-ling Wiedmeyer is a family physician at the Umbrella Multicultural Health Co-operative (UMHC or “Umbrella”). Umbrella is a cooperative community health centre in New Westminster, BC, that provides primary and preventative health care for newcomers with self-identified barriers to accessing mainstream healthcare due to language or cultural reasons. She is a Clinician-Researcher with the Centre for Gender and Sexual Health Equity (CGSHE) and Clinical Assistant Professor in the Department of Family Practice at the University of British Columbia.