## Virtual mental health access for refugees

Research team



**Ahmed Bayoumi:** Dr. Ahmed Bayoumi is a Scientist at MAP Centre for Urban Health Solutions at the Li Ka Shing Knowledge Institute of St. Michael's Hospital, where he is also a general internist. He holds the Fondation Baxter and Alma Ricard Chair in Inner City Health at St. Michael's Hospital and the University of Toronto and is a Professor in the Department of Medicine and in the Institute of Health Policy, Management and Evaluation.



**Neil Arya:** Dr. Neil Arya is a family physician in Kitchener Ontario. Dr. Arya is a founder Director of the Kitchener/Waterloo Refugee Health Clinic in collaboration with the Kitchener Waterloo Reception Centre where he provides case-specific care to newcomers and those in need of specialized care. He remains Assistant Clinical Professor in Family Medicine at McMaster University (part-time) and Adjunct Professor in Environment and Resource Studies at the University of Waterloo



**Farah Ahmad:** Dr. Ahmad is Associate Professor at the School of Health Policy and Management, York University. She has training in medicine and public health sciences. Dr. Ahmad conducts mixed method research to identify ways to improve access and delivery of primary care for psychosocial health. The key foci in her research are mental health of vulnerable communities and integration of eHealth innovations.



**Jennifer Hyndman:** Jennifer Hyndman is a Resident Scholar at the Centre for Refugee Studies and Professor in the Faculty of Environmental and Urban Change at York University in Toronto. Her research focuses on refugee integration and inclusion, private sponsorship, and the geopolitics of forced migration. Her most recent book (with Wenona Giles) is Refugees in Extended Exile: Living on the Edge (Routledge 2017).



**Marcela Diaz:** Marcela Diaz has over 20 years of experience working in settlement services, at the Multicultural Council of Windsor and Essex County, in Ontario, where she is the Manager of Settlement and Integration programs. She is passionate about facilitating the access to services for refugees, including mental health, through education, awareness, increased understanding of refugee issues and their strengths, and community capacity building efforts.



**Annie Jaimes:** Dr. Annie Jaimes is a postdoctoral fellow at the Center for Refugee Studies (York University) and clinical psychologist working with newcomer children, youth and families. Also trained in anthropology, she builds on multidisciplinary perspectives in her research projects, mainly using qualitative and mixed-methods approaches. Her interests include migrant youth's mental health and wellbeing; transcultural adaptation of mental health services and psychosocial interventions; clinician's experiences; as well as trauma, resilience and post-traumatic growth.



**Arnav Agarwal:** Arnav Agarwal is an Internal Medicine resident at the University of Toronto, and an incoming trainee to the General Internal Medicine clinical fellowship program at McMaster University. His academic interests are clinical epidemiology, systematic reviews and clinical guideline development. He is strongly involved in advocacy efforts around promoting health care access for the uninsured through OHIP For All.



**Ben C. H. Kuo:** Dr. Ben C.H. Kuo is a Full Professor of Clinical Psychology at the University of Windsor and a registered psychologist in Ontario. His research focuses on acculturation, cultural stress and coping, professional help-seeking attitude and behaviors, and cultural adjustment and mental health issues among immigrants, refugees and culturally-diverse populations.. Dr. Kuo regularly teaches and supervises clinical psychology graduate students in multicultural psychotherapy course and practicum with diverse clients, including refugees and immigrants. Dr. Kuo has traveled, lectured, provided training, and consulted as a distinguished visiting professor internationally.



**Aamna Ashraf:** Aamna is the Manager of Health Equity at CAMH. She is a well-known figure in the field of health equity and is an experienced professional in the areas of program and policy implementation, stakeholder development and partnerships. Aamna holds a Master's Degree in Education and has worked in the not for profit sector for over 25 years. She leads the award winning Immigrant and Refugee Mental Health Project and serves as one of Ontario's Health Equity Impact Assessment Champions. She previously worked as a Senior Program Advisor in refugee resettlement with the Ministry of Citizenship and Immigration. Previously she was the Director of the Peel Newcomer Strategy Group -Local Immigration Partnership for Peel.

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**Nimo Bokore:** Nimo is an assistant professor at the Carleton University School of Social Work. Nimo's research interest is refugee resettlement, mental health and health, trauma and intervention.



**Nicole Ives:** Nicole Ives is an Associate Professor and Director of the Master of Social Work program in the School of Social Work at McGill University. Dr. Ives' areas of research issues facing refugee and immigrant communities, particularly refugee resettlement, refugee sponsorship, and family reunification, Indigenous social work education and Indigenous social and educational policies.



**Carolyn Beukeboom:** Carolyn Beukeboom is a primary health care nurse practitioner and current Interim Manager of the Refugee Health Clinic at the Center for Family Medicine in Kitchener, Ontario – providing primary health care to Government Assisted Refugees in their first year in Canada. Carolyn completed a Master of Science in Public Health from London School of Hygiene and Tropical Medicine and is an Adjunct Lecturer at Western University Faculty of Nursing.



**Kathy Sherrell:** Kathy Sherrell is the Associate Director - Settlement Services at ISSofBC. She takes a lead role in program development and evaluation, contract negotiations and oversight, and quality assurance and standardization. Kathy holds a PhD in Geography with an emphasis on refugee resettlement in Canada. She continues to be actively engaged in research with refugees. At present Kathy is a co-investigator on two pan-Canadian, multi-year refugee research projects, as well as a lead on numerous internal research projects and client needs assessments.



**Susan McGrath:** Susan McGrath C.M. is Professor Emerita and Senior Scholar at the School of Social Work and Centre for Refugee Studies, York University. Professor McGrath was awarded the 2015 SSHRC Partnership Impact Award for forging innovative, interdisciplinary, equitable and cross-sector partnerships in refugee studies and in 2014 was invested into the Order of Canada in recognition of her achievement in research and policy on refugee rights.