

SCREENING QUESTIONS

 Do you have any of the following symptoms fever/feverish, new or existing cough and difficulty breathing? □Yes / □No
2. Have you traveled internationally with the last 14 days (outside Canada?) □Yes / □No
3. Have you had close contact with a known or probable COVID-19 case? □Yes / □No
4. Have you had close contact with a person with acute respiratory illness who has been outside Canada in the last 14 days? □Yes / □No
5. Are you living or working in a congregate living setting such as long-term care home, correctional facility, or homeless shelter? □Yes / □No
If the person answers NO to all the questions, they have passed the screening and you can see them using social distancing principles, or PPE if you need to get closer than 2m.
For guidelines associated to a client responding YES, please see other side
If the client is having difficulty breathing or experiencing other severe symptoms, call 911 immediately.
Canadian Mental Association canadienne

pour la santé mentale

La santé mentale pour tous

Ottawa

Mental health for all



POSITIVE RESPONSE STEPS

If the individual answers YES to number 1 - 4 of the screening questions or do not want to answer, then they have not met the screening criteria and they have screened positive. In this case:

- If the client is experiencing mild symptoms or has a recent travel history, CMHA staff
 can meet with the client only if they don full PPE, including mask, gown, gloves and a
 face shield.
- Support the client to contact Ottawa Public Health or use the COVID-19 Self-Assessment tool https://covid-19.ontario.ca/self-assessment/#q0 to determine how to seek further care.
- If indicated, CMHA staff should coordinate with the client to make safe arrangements for travel to the testing center that maintains isolation of the client.
- Encourage the client to self-isolate while arrangements for transportation are being made.
- Establish a plan for follow-up support.

If the individual answers YES to number 5 and is living or working in a congregate living setting such as long-term care home, correctional facility, or homeless shelter:

It is recommended that they should be tested for COVID-19 **IF** they have at least one common symptom of COVID-19 **OR** one **less common symptom** of COVID-19 **OR one new or worsening respiratory symptom**.

- **Common symptoms** such as fever, cough, or difficulty breathing.
- Less common symptoms such as unexplained fatigue, delirium (a serious medical condition that involves confusion, changes to memory, and odd behaviours), falls, acute functional decline, worsening of chronic conditions, nausea, vomiting, diarrhea, abdominal pain, chills, headaches, croup, or loss of taste/smell.
- COVID-19 may also present as new or worsening respiratory symptoms such as: sore throat, runny nose, sneezing, nasal congestion, hoarse voice, or difficulty swallowing

They should be going to the Brewer Park Arena for testing and do not need to call Public Health first.

